

L I S T A
Lucrările științifice în domeniul disciplinelor predate

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A. Teza de doctorat

Analiza metodelor de investigare a calităților motrice cu ajutorul săriturilor pe verticală.

Coordonator științific: Prof. Univ. Dr. Pierre Joseph de Hillerin, la Școala Doctorală în Știința Sportului și Educației Fizice – UNSTPB – Politehnica București – Centrul Universitar Pitești, Școala Doctorală în domeniul Știința Sportului și Educației Fizice.

B. Cărți și capitole în cărți publicate în ultimii 10 ani

Nr. crt	Titlul cartii	Autor(i)	Anul	Editura	ISBN
1.	Effects of Circuit Training at Home - Improving Well-Being and Quality of Life in Sedentary Men During the COVID-19 Pandemic.	Geantă, V.A., Ardelean, V.P.	2021	Applied Research in Digital Wellbeing	ISBN: 978-3-631-87105-8
2.	Proposals for improving the well-being of people in the technology era - case study on the efficiency of whole body EMS training.	Ardelean, V.P., Geantă, V.A.	2021	Applied Research in Digital Wellbeing	ISBN: 978-3-631-87105-8
3.	Assessment of motor skills by jump tests - comparative analysis	Geantă, V. A., de Hillerin, P. J.	2023	Student's well-being and teaching-learning efficiency during post-pandemic period. Vol. IV.	ISBN: 978-3-631-90194-6
4.					

C. Lucrari indexate ISI/BDI publicate in ultimii 10 ani

C.1. Lucrari publicate in reviste din strainatate cotate ISI , cu indicarea factorului de impact ISI

Nr crt	Autor(i)	Titlul articolului	Revista/Proceedings	ISSN/I SBN	Factor de impact	Nr. citari	Nr. autori

			Cotata/indexata ISI				
1.	Ardelean, V.P.; Andrei, V.L.; Miuta, C.C.; Boros-Balint, I.; Deak, G.-F.; Molnar, A.; Berki, T.; Györi, F.; Geantă, V.A.; Dehelean, C.A.; Borcan, F.	The KIDSCREE N-27 Quality of Life Measure for Romanian Children Aged 6: Reliability and Validity of the Romanian Version	Healthcare 2022, 10, 1198.	ISSN 2227-9032	2.8 https://doi.org/10.3390/healthcare10071198	5	11

C.2. Lucrari publicate Proceedings in conferinte cotate ISI (exculzand rezumate)

Autor(i)	Titlul articolului	Revista/Proceedings Cotata/indexata ISI	ISSN/ISBN	Factor de impact	Nr. citari	Nr. autori
Geanta, V.A.	Improve muscle size using Weiders Principle of Progressive Overload	The 14th Student's Conference with International Participation Sports and Physical Therapy Sciences - A New Horizon in Pandemic Context	ISBN: 978-3-631-87105-8			1
Geanta, V.A., Ardelean, V.P.	The Effects of Circuit Training at Home - Improving Well-Being and Quality of Life in Sedentary Men During the COVID-19 Pandemic	Theories of Change in Digital Wellbeing. Evidence based practices across the disciplines	ISBN: 978-3-631-87105-8			2
Ardelean, V.P., Nicoara, A.,	"Whole body electromyostimulation -an alternative method to the	Theories of Change in Digital Wellbeing. Evidence based	ISBN: 978-3-631-87105-8			3

Geanta, V.A.	classic training for a healthy active life in the century of speed and digitalization	practices across the disciplines				
Geanta, V.A., Potop, V.	The importance of vertical jumping in the performance of rhythmic gymnasts	Actualities and Perspective of Physical Education and Sport Science				2
Geanta, V.A., Potop, V., Cristea. R.	Improving somatic indices through aerobic exercise in adult women	Actualities and Perspective of Physical Education and Sport Science				3
Geanta, V.A., de Hillerin, P.J.	Assessment of motor skills by jump tests - comparative analysis	Theories of Change in Digital Wellbeing. Evidence based practices across the disciplines	ISBN: 978-3-631-87105-8			2
Ardelean V.P., Geantă, V.A, Dulceanu, C., Bulzan., C., Petran, D, Ursu, V.E.	The effectiveness of a new and promising method for assessing the general physical condition of the adult population – European Fitness Badge	Conferința Internațională EQOL				6
Geantă, V.A., Ardelean V.P., de Hillerin, P.J., Ilia, I, Osser, G, Bitang, A & Rad, D.	Accuracy of CoM variability assessment using inertial motions sensors – a study case on martial arts	Conferința Internațională EQOL				7

D. Lucrari publicate în ultimii 10 ani în reviste și volumele conferințelor cu referenți

Articole în reviste și volumele unor manifestări științifice indexate în alte baze de date internaționale (cotate CNCS, B+, sau cel puțin două BDI)

Autor(i)	Titlul lucrării	Revista	ISSN	Tipul revistei/ baza de date indexată
Geanta, V.A., Herlo, J. N.	Comparative Study on Multi-Joint and Single-Joint Exercises in Bodybuilding Economics	Arena - Journal of Physical Activities, nr.11/2022		Scipio, World Cat, EBSCO, Index Copernicus
Geantă, V.A., Ardelean, V.P.	Improving muscle size with Weider's principle of progressive overload in non-performance athletes.	Timișoara Physical Education and Rehabilitation Journal, Volume 14, Issue 27/2021		BDI
Geantă, V.A.	Using Push-Pull-Legs Training: A Weight Training Method for Muscle Hypertrophy in Upper Body on Amateur Athletes.	Arena-Journal of Physical Activities		BDI Scipio, World Cat, EBSCO, Index Copernicus
Ardelean, V. P., Galea, I., Dulceanu, C., Bulzan, C. & Geantă, V. A.	Methodological Aspects Regarding the Admission Criteria to Physical Education and Sport Faculties for a Better Insertion on the Labor Market	Timisoara Physical Education and Rehabilitation Journal, Volume 15, Issue 28/2022		BDI
Geanta, V. A., & Camenidis, C. M. & Cristea, R.	Study on the improvements of body composition indices in adult women by means of aerobic gymnastics	Arena-Journal of Physical Activities		Scipio, World Cat, EBSCO, Index Copernicus
Camenidis, C. M., & Geanta, V. A.	Likert scale as a tool to assess awareness in children	Arena-Journal of Physical Activities		Scipio, World Cat, EBSCO, Index Copernicus

Camenidis, C. M., de Hillerin, P. J., Geantă, V. A., & Roșu, D.	Evaluating and measuring proprioception levels to optimize motor skills in 10-year-old children	Journal of Physical Education & Sports 24		BDI
Kunszabo, M. I., Roșu, D., Geantă, V. A., & Mihaila, I.	Estimating the relationship of the indices of general physical fitness in 8-10-year-old judo practitioners in rural schools	Journal of Physical Education & Sports 24		BDI
Iorga, V., de Hillerin, P. J., Roșu, D., Camenidis, C. M. & Geantă, V. A.	The Effects of Psycho-Neuro-Motor Exercises on Karate Technical Optimization	Journal of Physical Education & Sports 24		BDI

E. Proiecte

1. Membru în proiectul Erasmus +: „PowerAge”, ERASMUS-SPORT-2022-SSCP, nr. 101089393, Lider: Lousada seculo XXI - actividades desportivas e recreativas e.m -PT, Parteneri: U.A.V. Arad - RO si Spor Elcileri Dernegi – TR.
2. Membru în proiectul Erasmus +: „CNeering”, ERASMUS-SPORT-2022-SSCP, nr. 101090540, Lider: Pendik Belediyesi – TR, Parteneri: U.A.V. Arad - RO si Municipio de Lousada – PT.
3. Membru în proiectul Cupa Naționala.Decembrie 2023
4. Membru în proiectul NCE2023
5. Membru în proiectul Be Active 2022,2023