Name of the field	Description
University	"Aurel Vlaicu" University of Arad
Faculty	Faculty of Physical Education and Sport
Departament	Department of Physical Education and Sports Performance
Position in the organisational chart	6
Academic position	Associate professor
Disciplines in the curriculum	1. Research methods and techniques in school
	physical education
	2. Specialized training in a sports discipline -
	Wrestling / Judo
	3. Strategies regarding sports games from the
	curricular area
	4. Internship in extracurricular activities
	5. Research methods in the Science of Sport and
	Physical Education
	6. Secondary and tertiary kinetoprophylaxis
Scientific Area	Sport Science and Physical Education
Description of the vacant position	The position of university associate professor, number
	6, internal promotion, comprises courses and seminars
	for the following disciplines:
	1. Research methods and techniques in school
	physical education, for Curricular and Extracurricular
	Motric Activities Master Programme, second year, first semester, 1 hour course and 1 hour seminar;
	2. Specialized training in a sports discipline -
	Wrestling / Judo, for Sports and Motor Performance
	master Programme, first year, first semester, 1 hour
	course and 3 hours practicals;
	3. Strategies regarding sports games from the
<u> </u>	curricular area, for Curricular and Extracurricular
	Motric Activities Master Programme, first year, first
	semester, 2 hours course;
	4. Internship in extracurricular activities, for
	Curricular and Extracurricular Motric Activities Master
	Programme, second year, first semester, 2 hours
	practicals;
	5. Research methods in the Science of Sport and
	Physical Education, for Physical Education and Sport
	Bachelor Programme, first year, second semester/for
	Kinetotheraphy and Special Motricity Bachelor
	Programme, first year, second semester, 2 hours of common course for the 2 specializations;
	6. Secondary and tertiary kinetoprophylaxis, for Kinetotheraphy and Special Motricity Bachelor
	Programme, second year, second semester, 1 hour
	course and 2 hours seminar.
Related responsibilities/tasks	1. Educational activities:
•	a) Teaching activities;
	b) Seminar teaching, practical and laboratory work,
	guiding annual projects;
	c) Guiding the elaboration of B.A. papers;

	d) Guiding the elaboration of dissertation papers; e)Other teaching activities, vocational and research activities, which are included in the curriculum f) Evaluation activities; g)Tutoring, scientific advice, guidance of students scientific circles; h) scientific and methodological training activities and other educational activities; i) Participation in all activities organized by the department, faculty and/or university; j) Participation in educational panels and committees; 2. Research activities: a) Activities in the research centre, that are included in the internal educational plan; b) Initiating, developing and monitoring programs and projects; c)Participating in conferences, scientific sessions, dissemination sessions of scientific research results; d) Elaboration and publication of articles, treaties, monographs, and books required by the internal plan.
Minimum	
Minimum wage according to	4498 lei
position classification	
CONTEST CALENDAR	24 11 2022 17 12 2022
The beginning and end of registration	24.11.2022-16.12.2022
	16.01.2023-20.01.2023
Date, day of the week and time of lecture	Tuesday, 07.02.2023, 10.00 p.m.
Place for the lecture	22 A 1 171
Place for the lecture	"Aurel Vlaicu" University of Arad, Faculty of Physical
	Education and Sport, no. 2-4 Elena Drăgoi st., Arad,
Time of taking commetition tests	room 116
Time of taking competition tests including lectures, courses, a.s.o.	Tuesday, 07.02.2023, 10.00 p.m, public speech
Results announcement date	07.02.2023
Beginning and end of appeal period	08.02.2023-10.02.2023
General description of exam topics	Topics:
and bibliography	
and bibliography	1. The somatic and constitutional types recommended
	for the practice of combat sports (judo/wrestling)
	2. Kinematic analysis of movement to improve sports
	performance with applications in combat sports disciplines
	3. The utility of judo-specific movement games in children's training lessons
	4. Possibilities to improve the school performance of
	students using different extracurricular activities with
	emphasis on sports games
	5. Statement of the hypothesis and correct identification
	of the research variables - essential activities in a thesis
	6. The role of kinetoprophylaxis for preventing injuries
	and improving the quality of life in different categories
	of the population
	Bibliography:
	1.Bogdan C., Telechi M., (2003), Fundamental judo,
	Vasile Goldis University Press, Arad;
l l	Vasile Cididis University Fress Aradi

2.Roman, C., Galan, S., Galan, D., (2008), Judo and jujitsu sports and self-defense, Risoprint Publishing House, Cluj Napoca; 3. Damian, S, (2006), Superfit - the essential in fitness and bodybuilding, Runa Publishing House, Bucharest; 4. Corbin, C. B., Ruth, L., (2007). Fitness for life, fifth edition, Human Kinetics, Champaign, IL, (USA), 5. Tudor V., Ciolcă C., (2010), Didactics of physical education-extracurricular activities. Discobolul Publishing House, Bucharest. 6.Ionescu D., Popescu R., (2012), Extracurricular activities in rural Romania. Developing competences in children and young people. University Publishing House, Bucharest, 7. Kenedy-Armbruster C., Yoke M.M., (2009), Methods of group Exercise Instruction, Human Kinetics Publishing House, Ilinois. 8. Predoiu A., (2020). Scientific research methodologypractical applications and non-parametric statistical elements, Discobolul Publishing House, Bucharest, 9. Balint N.T., (2010). Kinetoprophylaxis. Alma Mater Publishing House, Bacău. 10. Arus E., (2017). Biomechanics of human motion: applications in the martial arts. CRC Press Taylor & Francis Group, Boca Raton, Florida. The general standards related to the position of associate professor are minimum and mandatory requirements in applying for the position. applicant must cumulatively fulfill requirements of national minimum standards and the standards of the university for each teaching and

Description of the competition procedures

research position targeted.

The applicant must also fulfill the specific conditions for the targeted position:

- PhD in the field of law or a related field;
- master degree/ certificate for graduating the psychopedagogical module or an equivalent document;
- fulfillment of the minimal national criteria requiredfor occupying a vacant teaching position, as approved by the Ministry of Education and Scientific Research, according to art. 219 paragraph 1 - a from the Law no.
- fulfillment of the minimal criteria required by U.A.V for occupying a vacant teaching position, specific for the academic position of associate professor, as mentioned in the UAV Methodology, Annex 1.

The competition for an associate professor position consists of:

- analysis of the file submitted for the contest;
- -delivery of a public lecture for a minimum of 45 minutes in which the candidate presents the most significant professional results and the university career development plan. It will obligatorily contain a

questioning session from the commission and from the public;

- the candidates not coming from higher education must deliver a didactic lecture, in front of the commission. The theme of the lecture is announced to the candidates 48 hours before the contest by email as well and on the U.A.V website.

The contest committee will evaluate the candidate in keeping with the following aspects:

- the fulfillment of the minimal criteria required by CNATDCU and U.A.V.
- relevance and impact of the candidate's scientific results:
- the candidate's ability to guide students and young researchers:
- the didactic capacity of the candidate for those positions that entail didactic activities;
- the candidate's capacity to transfer knowledge and results to the economic or social field or to disseminate his/her own scientific results;
- the candidate's capacity for team work and his/her efficiency in scientific collaborations, according to the specifics of the teaching field;
- the candidate's capacity to manage research and development projects;
- the candidate's professional experience within other institutions.

List of required documentation according to UAV Methodology

- a) Cover according to the model in Annex 12;
- **b)** Contents (the list of documents from the contest file, number of pages and the page where the document is placed) according to Annex 13;
- **c) Application form**, signed by the applicant; includes a declaration regarding the veracity of supplied information, registered at UAV' registry office;
- d) University career development proposal both in terms of teaching and scientific field; proposal written by the candidate and contains maximum 10 pages, one of the main criteria for selecting the candidates; The document shall be signed at the bottom of the page, right side of each page in blue ink;
- e) Printed and digital copy of the applicant's CV according to Art 15. The document shall be signed at the bottom of the page, right side of each page in blue ink:
- **f)** List of published works printed and digital copies according to Art 16. The document shall be signed at the bottom of the page, right side of each page in blue ink;
- g) Verifying form of university standards fulfillment, whose standard is provided by their own competitionmethodology. Checklist is completed and signed by the candidate; The document shall be signed at the bottom of the page, right side of each page in blue

	Late.
	ink;
	h) Documents regarding the doctor's diploma:
	certified copy of the doctor's diploma, and if the
	original doctor's diploma is not recognized in Romania,
	the attestation of equivalence or recognition of it;
	i) Documents regarding habilitation (for candidates
	for the position of professor) in legalized copy;
	j) A summary of the doctoral thesis/habilitation
	thesis both in Romanian and in an international
	language; maximum 1 page each;
	k) Candidate's declaration on his own responsibility,
	1/2011 or lack of such incompatibility;
	l) Official Monitor copy where the position was
	published;
	m) Certified copies of other certificates attesting the
	applicant's studies (bachelor's degree and transcript);
	n) Copy of the ID card. If the applicant does not have
	an ID card, a copy of the passport or other relevant
	identification document is accepted;
	o)In case the applicant changed his/her name, copies
	attesting towards such modifications must be provided;
	p)A maximum of 10 publications, patents or other
	relevant documents supplied in an electronic format and
	selected by the applicant as best representing his/her
	professional achievements. These publications shall
	also be submitted in scanned, PDF form;
	q) Certified copy of birth certificate;
	r) At least 3 recommendation letters of personalities
	from Romania or from abroad in this scientific field
	with their names and contact addresses for the positions
	of associate prof and professor according to Art 17;
	s) CD with the contest file (containing all documents
	including the scanned ones). The documents included in
	the file shall be saved as PDF documents).
	All the documents previously provided as legalized
	copies can be submitted to the file in a simple copy if
	confirmation with the original is made at our
	university headquarters by the designated person from
	the university secretariat.
Address for submission of contest	"Aurel Vlaicu" University of Arad, Bd. Revoluției 77
file	no, Arad, cod 310130
Methodology	The contest methodology for vacant positions within
	the "Aurel Vlaicu" University
	and rated vinite Chirolotty

Drafted by,

Head of department,

Conf.univ.dr. DULCEANU Corina Ramona

Dean,

Prof. univ. dr. ANDREI Vasile Liviu