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UNIVERSITATEA
AUREL VLAICU
din ARAD
Facultatea de Științe ale Educației
Psihologie și Asistență Socială

**TuTo3-PAT Erasmus+
PEER and TEAM SUPPORT in Mental Health: recovery through
user's experience
2021-1-BE01-KA220-VET-000034852**

**NEW WAVES FOR MENTAL HEALTH WELLBEING
Project PEER SUPPORT dissemination event
05.11.2024**

Tuesday, 05.11.2024

Registration of participants: 11.30 – 11.45 AUREL VLAICU University of Arad

[Faculty of Educational Sciences, Psychology and Social Work: Street: Elena Dragoi,
No. 2, level 1, red hall 134, Arad, Romania]

11.45-12.00 Welcome – AUREL VLAICU University of Arad staff

Rector: Assoc.prof.dr. Teodor Florin Cilan

Profector: Assoc.prof.dr. Ovidiu Florin Toderici – The importance of the Tuto Project
for UAV Arad

FSEPAS Dean: Prof.dr. Alina Felicia Roman

UAV Erasmus + Project Coordinator: prof. dr. Mihaela Gavrilă-Ardelean

12.00-12.30' Presentation: Wellbeing through Social Work Services for People with
Mental Health Problems in Arad. New Waves For Mental Health Wellbeing – Peer
Support Workers

Director DAS Arad: Oana Pârvulescu

Direcția de Asistență Socială Arad (D.A.S.) [Directorate of Social Assistance Arad]

12.30'-12.45' Presentation: The Network of Social Work for People with Mental
Health Problems in Arad – Good practices in informal Peer support in Mental Health.

Director D.G.A.S.P.C Arad: Erika Stark

Direcția Generală de Asistență Socială și Protecția Copilului Arad (D.G.A.S.P.C.)
[General Directorate of Social Assistance and Child Protection Arad]

Director of Opal Center: Simona Carpine, social worker

12.45'-13.15' - Presentation: TUTO 3 MH PEER SUPPORT Project -

'PEER and TEAM SUPPORT in Mental Health: recovery through user's experience'

2021-1-BE01-KA220-VET-000034852 – Description, Objectives & Results

Professor doctor Mihaela Gavrilă-Ardelean

Faculty of Education Sciences, Psychology and Social Work

Interdisciplinary Doctoral School

'Serge Moscovici' European Institute, Aurel Vlaicu University of Arad, Romania

13.15'-13.45' - Presentation Results of the TUTO 3 MH PEER SUPPORT Project –

Recommendations for Training Peer Support Workers

Ph. Ramona Hiltensperger

My affiliation: Department of Psychiatry and Psychotherapy II, Ulm University

Ulm University, Germany

13.45'-14.00' - Presentation: The New Technology and Wellbeing in Mental Health of

Youth PhD. Camelia Motorca (Gherghel)

Psychologist in private practice in Arad, Romania

13.30'-13.45' - Presentation: The Wellbeing in Mental Health for Vulnerable Group of

Youth – PEER support in the group of youth with mental health problems - Alin

Horvath, Social Worker & Trainer

Asociația Educație prin Mișcare

CSUnirea Sântana

Arad, Romania



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13.45'-14.00 Conclusions and discussions of first part of the day – TUTO 3 MH PEER SUPPORT Project - 'PEER and TEAM SUPPORT in Mental Health: recovery through user's experience' 2021-1-BE01-KA220-VET-000034852

Translators: PhD. Camelia Motorca; Student: Gloria Gavrilă-Ardelean.

14.00 Social buffet - UAV Arad

15.00 Workshops TuTo3-PAT Erasmus+

PEER and TEAM SUPPORT in Mental Health: recovery through user's experience, 2021-1-BE01-KA220-VET-000034852, UAV Arad

15.00-16.00 Workshop: PEER and TEAM SUPPORT in Mental Health: recovery through user's experience, 2021-1-BE01-KA220-VET-000034852

- National Situation, Particularities

16.00-18.00 Workshop: PEER and TEAM SUPPORT in Mental Health: recovery through user's experience, 2021-1-BE01-KA220-VET-000034852

– Case Studies

18.00-19.00 Workshop: PEER and TEAM SUPPORT in Mental Health: recovery through user's experience, 2021-1-BE01-KA220-VET-000034852

– Debates

19.00-19.30 Conclusions

PEER and TEAM SUPPORT in Mental Health: recovery through user's experience, 2021-1-BE01-KA220-VET-000034852

- Importance and sustainability of the Project.