

CURRICULUM PLAN
CLASS OF 2024–2027
Aurel Vlaicu University of Arad

Faculty of Educational Sciences, Psychology, and Social Work
Department of Pedagogy, Psychology, and Social Work
Study Program: PSYCHOLOGY
Fundamental Field: Social Sciences
Bachelor's Degree Field: Psychology
Duration of the Study Program / Number of Credits: 3 years / 180 credits
Form of Education: Full-time
Graduate Title: Bachelor of Psychology

1. PROGRAM MISSION

The Bachelor's degree program in Psychology, as an integral part of the educational offer of the Faculty of Educational Sciences, Psychology, and Social Work, represents an institutional structure for specialization in the field of psychology, aimed at students who wish to obtain a qualification in one of the branches of psychological services.

The establishment of this specialization is justified by the need to fill psychologist positions in public and private institutions within Arad County, as well as by the need to train professionals capable of contributing to the improvement of quality of life, both in the public and private spheres.

This program is focused on training specialists and experts in psychology within a rigorous formal framework that is scientifically grounded and highly relevant for practical application. The program is aligned with the standards promoted by professional bodies in the field, particularly the Romanian College of Psychologists.

The mission of the program is to support the professionalization and career development of future graduates by developing methodological, evaluative, intervention, communication, and problem-solving skills required by psychology professionals.

2. OBJECTIVES OF THE STUDY PROGRAM / SPECIALIZATION: PSYCHOLOGICAL COUNSELING AND ASSESSMENT

The fundamental objective of the Psychology study program is the professionalization in the applied fields of psychology, as recognized by the Romanian College of Psychologists: clinical, educational, organizational, and national security. This is achieved through the development of a functional system of knowledge and skills specific to the field and specialization, as well as a set of attitudes that support self-determined career paths, flexible and adaptable to changes in the national and European social environment.

Through its curriculum, the program creates a learning framework that facilitates the understanding of concepts related to applied areas of psychology, as well as research approaches in the field of mental phenomena and human behavior, both in their functional and pathological aspects. Emphasis is placed on the training process aimed at acquiring knowledge, understanding, and application of psychological assessment methodologies for various categories of beneficiaries, as well as psychological assistance and intervention in order to restore the functional balance of the individual, in relation to their personal characteristics and the socio-cultural context they belong to.

In addition, the program aims to shape the psychology graduate as an autonomous, responsible, and professionally active person, capable of making effective decisions both for their beneficiaries and for their own professional development.

The specific objectives of the Psychology study program are:

- to use fundamental and specific concepts from the fields of theoretical and applied psychology in both research and practical activities within the field of psychology;
- to integrate and apply research methods in psychology — observation, experimental and clinical methods, surveys, and interviews — within research projects;
- to process research data and draft research reports for the conducted studies;
- to initiate the use of psychological tests and other psychological assessment tools;
- to analyze, design, and carry out (under supervision) evaluation and intervention approaches in the fields of educational psychology, clinical psychology and counseling, organizational psychology, and applied psychology in the area of national security;
- to autonomously develop a personal project for professional career development.

3. COMPETENCIES ACQUIRED THROUGH THE STUDY PROGRAM

Professional

- C1. Operating with fundamental concepts in the field of psychology
- C2. Designing and conducting research in psychology
- C3. Critically assessing problematic situations and possible solutions in psychology
- C4. Conducting psychological assessments of individuals, groups, and organizations
- C5. Designing and implementing psychological interventions
- C6. Interpersonal relations and communication specific to the field of psychology

Transversal

- CT1. Carrying out professional tasks in accordance with the ethical principles specific to the practice of the profession
- CT2. Applying techniques for effective teamwork within multidisciplinary groups at various hierarchical levels
- CT3. Self-assessing continuous training needs in order to adapt professional competencies to the dynamic social context

4. OUTCOMES

Graduates of the Bachelor's degree program will be eligible for the following occupations, according to the Romanian Classification of Occupations – ISCO-08:

Psychologist – 263411

Psychologist specialized in clinical psychology – 263401

Psychologist specialized in educational psychology, school and vocational counseling – 263407

5. ANALYSIS OF THE CURRICULUM PLAN

- In the Curriculum Plan for the Bachelor's degree program in Psychology, the distribution of subjects by categories is as follows:

Number	Type of subjects	Hours / study program		
			Share %	
			Study program 144	Regulatory Framework ARACIS
1	Field-specific	546	27%	Min 20%
2	Speciality	1190	59%	Min 50%
3	Complementary	280	14%	Min 5%
TOTAL		2016		-

- **The total number of hours allocated to the study program is as follows:**

Number of mandatory teaching hours: 2,016 hours

Number of hours of specialized practical training (112 + 60): 172 hours

Number of hours of practical training related to the bachelor's thesis: 56 hours

Total practical training: 228 hours (11.3%)

ARACIS recommended minimum: 10% practical training hours

- **The structure of mandatory (required) and optional subjects is as follows:**

Types of subjects	Hours / study program	
	Number	Share%
Mandatory	1568	78%
Optional	448	22% (ARACIS imposed - min 20%)
TOTAL M+O	2016	

- The number of hours allocated to specialized practical training and practical training related to the bachelor's thesis is 228 hours (14 ECTS) – representing 11.3% of the total (the minimum value recommended by ARACIS is 10% of total hours and at least 10 ECTS).
- The lecture-to-application (seminars, labs, projects, internships) ratio is 1.28 (63 hours / 81 hours), falling within the ARACIS provision of $1:1 \pm 20\%$.
- The percentage of elective courses out of the total number of hours is 8.33%.
- The Bachelor's degree program in Psychology, as well as the field of Psychology, is included among the national qualifications provided for in Government Decision no. 1175/2006.
- The list of disciplines included in the curriculum, along with their content, corresponds to the Bachelor's degree field of Psychology and the Bachelor's degree program in Psychology (Government Decision no. 412/2024 – Decision regarding the approval of the Nomenclature of fields and specializations/academic programs and the structure of higher education institutions for the academic year 2024–2025).
- The curriculum for the full-time Bachelor's degree program in Psychology is developed in accordance with the European Credit Transfer and Accumulation System (ECTS) and complies with Law no. 199/2023, Article 54, which stipulates a duration of 3 years, a total of 180 ECTS credits, and 60 credits per academic year.

6. STRUCTURE OF THE ACADEMIC YEAR (IN WEEKS)

. Year	Teaching activities		Exam sessions			Internship	Holidays		
	Sem. I	Sem. II	Winter	Summer	Resit		Winter	Spring	Summer
1 st year	14	14	3	3	5	-	3	-	10
2 nd year	14	14	3	3	5	2	3	-	10
3 rd year	14	14	3	2	4	-	3	-	-

The practical training is organized based on programs developed within the Departments and approved by the Faculty Council.

The practical training takes place in specialized institutions, based on training agreements.

7. NUMBER OF HOURS PER WEEK FOR MANDATORY AND OPTIONAL SUBJECTS

Year	Semester I	Semester II	
I	20/4	20/4	-
II	20/4	20/4	2 hours/week + 2 weeks of intensive practical training — 60 hours
III	18/6	18/6	4 hours/week + Specialized practical training related to the bachelor's thesis — 56 hours

8. ELIGIBILITY CRITERIA FOR ENROLLMENT IN THE FOLLOWING ACADEMIC YEAR. REQUIREMENTS FOR ACADEMIC PROGRESSION. CONDITIONS FOR REINSTATEMENT.

The conditions for enrollment in the following academic year, for advancement, and for re-enrollment are set out in the Regulations on Students' Academic Activity.

In order to advance to the next academic year, students must obtain a minimum number of credits, as follows:

- To advance from the first year to the second year, the student must obtain at least 30 credits.
- To advance from the second year to the third year, the student must accumulate at least 90 credits in total from the first and second years by the end of the second year.
- To be eligible to register for the bachelor's degree examination, the student must obtain a total of at least 180 credits (minimum 60 credits per academic year).
- To be considered as having passed the academic year, a student must obtain all the credits provided in the curriculum for that year and must achieve a passing grade in all subjects, including those without allocated credits.

Students who do not meet the minimum criteria stipulated in points a–c above will be expelled at the end of the respective academic year. These students may be re-enrolled at the beginning of the next academic year in the same year of study from which they were expelled.

Students who, during an academic year (two semesters of the same year of study), do not accumulate the minimum number of credits set by the Faculty Council for advancement to the next year will be declared deferred and the mention "deferred for obtaining all credits for the respective year(s) of study" will be recorded in the academic register.

A deferral may be granted for a maximum of 3 academic years throughout the entire study period. The study of failed disciplines will be resumed, with the entire educational activity for those courses being repeated.

Students who, at the end of their studies, after completing the number of semesters (academic years) stipulated in the curriculum, have not fully completed their academic obligations and have a maximum of five failed subjects from the last four semesters, may request an extension of their studies (with a tuition fee) for 1 to 2 semesters, in order to retake and complete the outstanding courses.

9. BACHELOR'S DEGREE EXAMINATION

The conditions for taking the bachelor's degree examination are established in the Methodology for Organizing and Conducting Final Examinations.

- Thesis topic assignment: Semester 4
- Thesis project preparation period: Semesters 5 and 6
- Thesis writing period: 2 weeks – Semester 6
- Bachelor's degree examination period: July – 3rd year of study

The final examination consists of two components: **Fundamental knowledge in Psychology & Defense of the bachelor's thesis**

10. CREDITS ALLOCATED TO THE STUDY PROGRAM

- 52 credits for field-specific courses
- 112 credits for specialty courses
- 16 credits for complementary courses
- **Total 180 credits**
- 146 credits for mandatory courses
- 34 credits for optional courses
- 18 additional credits for elective courses
- 10 additional credits for the bachelor's thesis
- 4 additional credits for completing the Physical Education and Sports course

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CURRICULUM PLAN
Academic Year 2024–2025
FIRST YEAR

Code	Subjects	Type	S.I./ Sem (hours)	Number of weekly hours and evaluation method											
				Semester I 14 weeks						Semester II 14 weeks					
				C	S	L	Pr	Ev	K	C	S	L	Pr	Ev	K
MANDATORY															
FICD1O01	Fundaments of Psychology (Introduction in Psychology I)	DD	69	2	2	-	-	E	5	-	-	-	-	-	-
FICD1O02	Experimental Psychology and Data Analysis I	DD	69	2	2	-	-	E	5	-	-	-	-	-	-
FICD1O03	History of Psychology	DD	83	2	1	-	-	E	5	-	-	-	-	-	-
FICD1O04	Neuropsychology	DD	72	1	1	-	-	E	4	-	-	-	-	-	-
FICS1O05	The Psychology of Education	DS	69	2	2	-	-	E	5	-	-	-	-	-	-
FICC1O06	Modern Language (Applied in English)	DC	22	-	2	-	-	C	2	-	-	-	-	-	-
FICC1O07	Sports	DC	11	-	1	-	-	A/R	1	-	-	-	-	-	-
FICD2O13	Experimental Psychology and Data Analysis I	DD	69	-	-	-	-	-	-	2	2	-	-	E	5
FICD2O14	Fundaments of Psychology (Introduction in Psychology II)	DD	69	-	-	-	-	-	-	2	2	-	-	E	5
FICD2O15	Social Psychology I	DD	72	-	-	-	-	-	-	1	2	-	-	E	4
FICS2O16	Genetics of human behavior	DS	69	-	-	-	-	-	-	2	1	-	-	E	5
FICS2O17	Developmental Psychology I	DS	83	-	-	-	-	-	-	2	1	-	-	E	5
FICC2O18	Modern Language (Applied in English)	DC	22	-	-	-	-	-	-	-	2	-	-	C	2
FICC2O19	Sports	DC	11	-	-	-	-	-	-	-	1	-	-	A/R	1
	TOTAL		790	9	11	-	-	5E 1C 1A /R	26 +1	9	11	-	-	5E 1C 1A /R	26 +1
OPTIONAL (MANDATORY)															
Offer 1 –choose 1 out of 2															
FICC1A08	Ethics and Academic Integrity	DC	22	1	1	-	-	C	2	-	-	-	-	-	-
FICS1A09	Sociology	DS	22	1	1	-	-	C	2	-	-	-	-	-	-
FICC1A10	Cultural Anthropology	DC	22	1	1	-	-	C	2	-	-	-	-	-	-
FICS1A11	Psycho-pedagoy of People with Intellectual Deficit	DS	22	1	1	-	-	C	2	-	-	-	-	-	-
Offer 2- choose 1 out of 2															
FICS2A20	Ethnopsychology	DS	22	-	-	-	-	-	-	1	1	-	-	C	2
FICS2A21	The Psychology of Creativity	DS	22	-	-	-	-	-	-	1	1	-	-	C	2

FLCS2A22	Intercultural psychology	DS	22	-	-	-	-	-	-	1	1	-	-	C	2
FLCC2A23	Logic	DC	22	-	-	-	-	-	-	1	1	-	-	C	2
	TOTAL S1/S2 (Opt. Mand)		88	2	2	-	-	K4		2	2	-	-	K4	
	TOTAL Year I (OPT. MAND.)			4C+4S						4C				K8	
	TOTAL MANDATORY S1/S2			11	13	-	-	K30+1		11	13	-	-	K30+1	
	TOTAL MANDATORY			24						24					
	TOTAL MANDATORY SUBJECTS FIRST YEAR			22C+26S						10E+6C+2A/R				K60+2	
ELECTIVE															
FLCC1F12	Advertising Psychology	DC	47	1	1	-	-	E	3	-	-	-	-	-	-
FLCC2F24	Psychology of learning in gifted students	DC	47	-	-	-	-	-	-	1	1	-	-	E	3
	TOTAL ELECTIVE S1/S2			1	1	-	-	K3		1	1	-	-	K3	
	TOTAL ELECTIVE SUBJECTS FIRST YEAR			2C+2S						2E				K6	

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CURRICULUM PLAN
Academic Year 2025–2026
SECOND YEAR

Code	Subjects	Type	S.I./ Sem (hours)	Number of weekly hours and evaluation method											
				Semester I 14 weeks						Semester II 14 weeks					
				C	S	L	Pr	Ev	K	C	S	L	Pr	Ev	K
MANDATORY															
FICD3O01	Experimental Psychology and data analysis II (Psychological statistics and computerized data)	DD	69	2	2	-	-	E	5	-	-	-	-	-	-
FICD3O02	Theoretical Basis of Psychological Evaluation II	DD	69	2	2	-	-	E	5	-	-	-	-	-	-
FICS3O03	Social psychology II	DS	47	1	1	-	-	E	3	-	-	-	-	-	-
FICS3O04	Developmental Psychology II (Psychology of Adolescence and Adulthood)	DS	58	2	1	-	-	E	4	-	-	-	-	-	-
FICS3O05	Labor Psychology	DS	47	1	1	-	-	E	3	-	-	-	-	-	-
FICS3O06	Specialty Practice	DS	47	-	2	-	-	C	3	-	-	-	-	-	-
FICC3O07	Modern Language (Applied in English)	DC	22	-	2	-	-	C	2	-	-	-	-	-	-
FICC3O08	Sports	DC	11	-	1	-	-	A/R	1	-	-	-	-	-	-
FICD4O13	Experimental Psychology and data analysis II (Psychological statistics and computerized data)	DD	69	-	-	-	-	-	-	2	2	-	-	E	5
FICD4O14	Personality Psychology	DD	58	-	-	-	-	-	-	2	1	-	-	E	4
FICS4O15	Psycho-pathology	DS	58	-	-	-	-	-	-	2	1	-	-	E	4
FICS4O16	Cognitive Psychology	DS	47	-	-	-	-	-	-	1	1	-	-	E	3
FICS4O17	Psychological testing I (skills and intelligence psycho-diagnosis)	DS	58	-	-	-	-	-	-	2	1	-	-	E	4
FICS4O18	Specialty Practice	DS	47	-	-	-	-	-	-	-	2	-	-	C	3
FICC4O19	Modern Language (Applied in English)	DC	22	-	-	-	-	-	-	-	2	-	-	C	2
FICC4O20	Sports	DC	11	-	-	-	-	-	-	-	1	-	-	A/R	1
	TOTAL		754	8	12	-	-	5E 2C 1A /R	25 +1	9	11	-	-	5E 2C 1A /R	25 +1
OPTIONAL															
Offer 1 – choose 1 out of 3															
FICS3A09	Religion Psychology	DS	69	2	2	-	-	C	5	-	-	-	-	-	-
FICS3A10	Speech Therapy	DS	69	2	2	-	-	C	5	-	-	-	-	-	-

FICC3A11	Psychology of communication	DC	69	2	2	-	-	C	5	-	-	-	-	-	-
Offer 2 – choose 1 out of 3															
FICS4A21	Judicial Psychology	DS	69	-	-	-	-	-	-	2	2	-	-	C	5
FICC4A22	Ethics Applied in Psychology	DC	69	-	-	-	-	-	-	2	2	-	-	C	5
FICC4A23	Qualitative Research Methodology	DC	69	-	-	-	-	-	-	2	2	-	-	C	5
	TOTAL S1/S2 (Optional)			2	2	-	-	K5		2	2	-	-	K5	
	TOTAL An II (Optional)			4C+4S						2C				K10	
	TOTAL MANDATORY S1/S2			10	14	-	-	K30+1		11	13	-	-	K30+1	
	TOTAL MANDATORY			24						24					
	TOTAL MANDATORY SUBJECTS SECOND YEAR			21C+27S						10E+6C+2A/R				K60+2	

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CURRICULUM PLAN
Academic Year 2026–2027
THIRD YEAR

Code	Subjects	Type	S.I./ Sem (hours)	Number of weekly hours and evaluation method												
				Semester 1 14 weeks						Semester II 14 weeks						
				C	S	L	Pr	Ev	K	C	S	L	Pr	Ev	K	
MANDATORY																
FICS5O01	Organisational and Managerial Psychology	DS	94	2	2	-	-	E	6	-	-	-	-	-	-	
FICS5O02	Clinical Psychology and Psychotherapy	DS	94	2	2	-	-	E	6	-	-	-	-	-	-	
FICS5O03	Psychological Testing I (Personality Psycho-diagnosis)	DS	94	2	2	-	-	E	6	-	-	-	-	-	-	
FICS5O04	Specialty Practice	DS	44	-	4	-	-	C	4	-	-	-	-	-	-	
FICS6O10	Clinical Psychology and Psychotherapy	DS	94	-	-	-	-	-	-	2	2	-	-	E	6	
FICS6O11	Psychological Testing II (Personality Psycho-diagnosis)	DS	94	-	-	-	-	-	-	2	2	-	-	E	6	
FICS6O12	Educational and Career Counseling	DS	94	-	-	-	-	-	-	2	2	-	-	E	6	
FICS6O13	Specialty Practice in relation to the license	DS	44	-	-	-	-	-	-	-	4	-	-	C	4	
	TOTAL		652	6	10	-	-	3E 1C	22	6	10	-	-	3E 1C	22	
OPTIONAL (MANDATORY)																
Offer 1- choose 1 out of 4																
FICS5A05	Atypical developmental profiles	DS	44	2	2	-	-	E	4	-	-	-	-	-	-	
FICS5A06	Family Psychology	DS	44	2	2	-	-	E	4	-	-	-	-	-	-	
FICS5A07	Cognitive and clinical neuroscience	DS	44	2	2	-	-	E	4	-	-	-	-	-	-	
FICS5A08	Political Psychology	DS	44	2	2	-	-	E	4	-	-	-	-	-	-	
Offer 2 – choose 1 out of 4																
FICC6A14	Computerized Data Analysis Applications	DC	44	-	-	-	-	-	-	2	2	-	-	C	4	
FICS6A15	Military Psychology	DS	44	-	-	-	-	-	-	2	2	-	-	C	4	
FICS6A16	Psychiatry	DS	44	-	-	-	-	-	-	2	2	-	-	C	4	
FICC6A17	Psychoanalytic Orientation Therapies	DC	44	-	-	-	-	-	-	2	2	-	-	C	4	
	TOTAL S1/S2 (Optional)			4	4	-	-	K8		4	4	-	-	K8		
	TOTAL An III (Optional)			8C+8S						2E+2C				K16		
	TOTAL MANDATORY S1/S2			10	14	-	-	K30		10	14	-	-	K30		
	TOTAL MANDATORY			24						24						
	TOTAL MANDATORY SUBJECTS THIRD YEAR			20C+28S						8E+4C				K60		

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