



### Personal Informations

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Nationality romanian

**Workplace** **AUREL VLAICU of ARAD University, Bd. Revoluției Str. , no. 77, 310130**  
**Faculty of Educational Sciences, Psychology and Social Work, Arad**  
**M, Micalaca, Elena Drăgoi Str., No. 2, 310330, Romania**

### Occupational Profile Job Position

**Didactics and research, Doctor**  
**Professor, PhD.**  
**Manager of Master Degree Programme: Social Work Services**

### Professional Experience

**Period** **October 2017 – October 2022**

**Job position** Professor, PhD – Faculty of Educational Science, Psychology and Social Work  
Manager of Master Degree Programme: Social Work Services  
Member of the Faculty Quality Board  
Member of the ERASMUS Faculty Board

**Activities and responsibilities** Didactics and research: teaching activities, scientific research and publishing editor  
Administrative activities: coordinator and member of the boards of Social Work License and Dissertation in "Aurel Vlaicu" University of Arad  
Management and innovation in Social Work and Mental Health areas  
Management of Social Work Services of Master Degree Programme  
Monitoring of faculty quality  
Management of international mobilities team in Erasmus+ Projects with strategic partners, Luxembourg Institute of Health, Centre de Neuropsychiatrie Saint-Martin, Dave, Namur, Belgium, Apsy, Paris, France  
Contribution to the process of university internationalization, by establishing a partnership contract with universities from abroad, Turkey: Konia Food and Agriculture University, Konya; and Erasmus + Programme Agreement with Düzce University and Istanbul University  
Editorial management: Agora Psycho-Pragmatica Journal  
Member in editorial committee of Journal Plus Education, BDI indexing  
Director of programmes, projects and research grants

**Period** **October 2012 – October 2017**

**Job position** Associate Professor, PhD – Faculty of Educational Science, Psychology and Social Work  
Manager of Master Degree Programme: Social Work Services  
Manager of License of Social Work Programme  
Manager Public Relations of Agora Psycho-Pragmatica Journal  
Member of the Faculty Quality Board  
Member of the Faculty Board  
Senator of the AVUS Arad  
Secretary of the Social Board of "Aurel Vlaicu" University of Arad

## Activities and responsibilities

Didactic and research: teaching activities, scientific research and publishing editor  
Administrative activities: coordinator and member of the boards of Social Work License and Dissertation in "Aurel Vlaicu" University of Arad  
Management and innovation in Social Work area  
Management of Social Work Services of Master Degree Programme  
Monitoring of faculty quality  
Management of international mobilities team in Erasmus+ Projects with strategic partners, Luxembourg  
Institute of Health, Centre de Neuropsychiatry Saint-Martin, Dave, Namur, Belgium, Apsy, Paris, France  
Contribution to the process of university internationalization  
Director of programmes, projects and research grants

### **Period**

**October 2005 – October 2012**

### **Job position**

Lecturer – Faculty of Educational Science, Psychology and Social Work

## Activities and responsibilities

Didactic and research: teaching activities, scientific research and publishing editor

### **Workplace**

„AUREL VLAICU” UNIVERSITY OF ARAD, Bd. Revoluției, no. 77, 310130 Arad, Romania  
<https://psihologie.uav.ro/cadre-didactice/departament>

### **Tipes of activities**

Higher education, research and scientific innovation

### **Period**

**September 2003 – October 2005**

### **Job position**

University assistant – Faculty of Medicine

## Activities and responsibilities

Didactic and scientific research

### **Period**

**September 2000 – October 2003**

### **Job position**

University preparer– Faculty of Medicine

## Activities and responsibilities

Didactic and scientific research  
Editorial secretary of the Family Medicine Journal, Timisoara

### **Workplace**

UNIVERSITY OF MEDICINE, Romania

### **Tipes of activities**

Higher education, research

### **Period**

**2003 - 2019**

### **Job position**

Director of Medical Clinic

## Activities and responsibilities

Administrative activities: medical team coordinator  
Management activities and medical practice

### **Workplace**

CMI DR GAVRILA-ARDELEAN MIHAELA, Bd. Revoluției, nr. 87, 310130 Arad, Romania

### **Tipes of activities**

Occupational Health Services

### **Period**

**April 2006 – October 2019**

### **Job position**

Director of the medical team school

## Activities and responsibilities

Administrative activities: medical team coordinator  
Clinical and medical management activities for childrens with special needs

### **Workplace**

Special High School „Sfânta Maria” Arad, Str. Ghica Vodă, nr. 4-10, 310108 Arad, România

### **Tipes of activities**

Special School Health Services

## Education and Training

### **Period**

**2017**

### **Calification / Diploma**

Specialist trained in special occupational supervision / Certificate of Ability in the medical supervision of the professional exposure to ionizing radiation, INSP nr. 3564/12/17.03.2017

### **Name and tipe of educational institution / training provider**

National Institut of Public Health  
Bucharest, Romania

### **Period**

**2016**

### **Calification / Diploma**

Trainer / Certificate MMFPS nr. 7049/09.05.2016

### **Name and tipe of educational institution / training provider**

Ministry of Labour, Family and Social Protection  
Bucharest, Romania

### **Period**

**2016**

### **Calification / Diploma**

Certified social and professional integration for people with mental illness / Diploma:  
*Formation des nouvelles compétences dans l'emploi des personnes avec maladie mentale, l'intégration sociale et professionnelle: Santé Publique-Santé Mentale*

### **Professional skills acquired**

Social and professional integration for people with mental illness

### **Name and tipe of educational institution / training provider**

Fundation Traget, Geneve, Switzerland

### **Period**

**2015**

### **Calification / Diploma**

Manager of Innovation / Diploma, MMFPS 32/20.11.2015

### **Name and tipe of educational institution / training provider**

University of Oradea, Romania

### **Period**

**2010**

### **Calification / Diploma**

Specialist doctor occupational medicine / Certified specialist doctor diploma MS 005943/26.07.2010

Name and type of educational institution / training provider Ministry of Health, Bucharest, Romania

### Personal skills and competences

Native language (s)  
Foreign language (s) known  
Self-assessment  
European level (\*)

Romanian

	Understanding			Speaking			Writing		
	Listening	Reading	Participation in the conversation	Oral speech	Written expression				
<b>French</b>	B2 Experienced user	B2 Experienced user	B2 Experienced user	B2 Experienced user	B1 Experienced user				
<b>English</b>	B2 Experienced user	B1 Independent user	B1 Independent user	B1 Independent user	B1 Independent user				

(\*) Level of the Common European Framework of Reference for Foreign Languages

Social skills and competences Ability in communication acquired as a university and medical teacher.  
Ability to work as a team acquired in project development activities and coordination skills acquired in training courses, project manager activities, coordinating activities for completing studies and developing and publishing research papers.  
Ability to adapt to multicultural contexts, work in international multidisciplinary research teams.  
Psychological and psycho-pedagogical competences in evaluating people with mental health problems and working with people with special needs: mental deficiency, visual impairment, skills in special occupational health.  
Social volunteering activities; empathy; interculturalism; sociability.

Organisational skills and competences Capacity of leader, good organizer, ability to elaborate, write and carry out complex multidisciplinary projects, capacity acquired as a result of occupying the position of manager and partner in projects and by participating projects (grants) of which 5 in the position of local project manager.

Technical skills and competences Use of PCs and medical equipment (ECG, audiometer, EEG, visual testing equipment, ultrasound, spirometer) acquired over 20 years of experience in the field.

Computer skills and abilities Operating in operating systems (Windows) word editing programs (Word), spreadsheets (Excel), presentations (PowerPoint).

Driving license (s) B1, B.

### Additional information Participations in projects

Project manager of Aurel Vlaicu University of Arad

- 2014-2017, **Employabilité en Europe, Santé Publique et Santé Mentale: Nouveaux besoins, nouvelles formations, quelle employabilité des usagers en Europe**, Partners: Luxembourg, France, Belgique, Roumanie, Suisse, ERASMUS+ KA2, SPSM Employabilité en Europe, Contract ERASMUS + KA2, 2014-1-LU-KA200-000036, project financing value European Union: 272.593 € for UAV: 35.996 €, Results : improvement of specialist skills through 5 pilot seminars, Website: [www.sante-mentale-insertion.org](http://www.sante-mentale-insertion.org), Articles 10 BDI and ISI disseminated at conferences.
- 2016-2017, 2018-2021 **European TuToring Process in Psychiatry And Mental Health**, Partners: Belgium, Grece, Germany, Spain, Luxembourg, France, Romania, Partners ERASMUS + KA2, 14PT00001-2014-1-BE01-KA2000-000824, E.U. 265.600 €, results: international professional mobility, internships, best practice in psychiatry, Website: [www.tuto.network](http://www.tuto.network). 2 books at an internationally prestigious publishing house: 'Employment, Training and Mentoring in mental health: necessary innovations in Europe', coordinators: Laurence Fond-Harmant and Jocelyn Deloyer, collection: Logiques Sociales, Editor L'Harmattan, Paris, 2017, ISBN 978-2-343-12219-9;
- 2017-2019, **Améliorer les Réseaux de Professionnels pour la Santé Mentale des personnes âgées atteintes de Troubles Psychiques en Europe. Coopération en matière d'innovation et d'échanges de bonnes pratiques**. (ARPA) Partners: Grand-Duché du Luxembourg, Coordinnateur: Luxembourg Institute of Health; Grand-Duché du luxembourg: Université de Luxembourg, Inside, Belgique: Centre Neuro Psychiatrique Saint Martin, Grèce: Kepsipi, Center of psychological and pedagogical Support, Grèce : University of Crete, Romania: Aurel Vlaicu University of Arad, France: EPSM Lille- Métropole Centre collaborateur OMS, France: eXia Ecole d'ingénieurs informatique, ERASMUS + KA2 2016-1-LU01-KA204-013827, U.E 55 000 €. Results: Strategic partnership for innovation and improvement of support networks and international exchange of good practices in the mental health field of the elderly. Site: <http://arpa-europe.eu>.
- 2018-2020, Digi Family Project. Erasmus + KA2, Spain, Elche.
- 2018-2020, TUTOVETMH +Project, VET, CNP Saint-Martin, Dave, Namur, Belgium.
- 2020-2023, Au fond qui décide? L'Empowerment Citoyen en Santé Mentale: du laboratoire d'idées aux perspectives opérationnelles pour l'autodétermination des usagers, (EmpowThem), Partenariates Strategiques KA2 Erasmus +, 2020-1-FR01-KA202-080436, Espoir 54, France.
- 2020-2023, Functional methods in teaching and therapy, Erasmus+ Strategic Partnership KA202, 2020-1-FI01-Ka202-066555, Kirkkopalvelut Finlanda.
- 2022-2025, PEER and TEAM SUPPORT in Mental Health: recovery through user's experience, 2021-1-BE01-KA220-VET-000034852, Namur, Belgium.

Arad, 01.10.2022

Signature,  
Mihaela Gavrilă-Ardelean

