

CURRICULUM PLAN
CLASS OF 2024–2027
"Aurel Vlaicu" University of Arad

"Aurel Vlaicu" University of Arad
Faculty of Educational Sciences, Psychology and Social Work
Department: Pedagogy, Psychology and Social Work
Study program: SOCIAL WORK
Fundamental field: Social Sciences
Bachelor's degree field: Social Work
Duration of the study program / number of credits: 3 years / 180 credits
Form of education: full-time
Graduate title: Bachelor of Social Work

1. MISSION OF THE STUDY PROGRAM

The mission of the social work program consists in the professionalization and career development of future graduates, the formation of skills in designing interventions in the social field, methodological, evaluative, communication, identification and resolution of interpersonal conflicts/problem situations and is carried out in accordance with the standards published in the National Register of Qualifications in Higher Education, but also with the requirements of the labor market.

2. OBJECTIVES OF THE STUDY PROGRAM

The fundamental objective of the Social Work study program is professionalization in the social work career by developing a functional system of knowledge and skills specific to the field and specialization, as well as a system of attitudes that allow timely and efficient adaptation to social changes and facilitate access to the labor market in the field of social work. The training process of future specialists is designed to achieve the following objectives:

- Making accurate diagnoses of the social problems that vulnerable people or high-risk groups have in a certain period of time;
- Assessing crisis situations of marginalized people, groups and real possibilities for intervention;
- Primary counseling to help restore the social integration capacities of disadvantaged people and categories;
- Creating a network of specialized and diversified public services to support those in need and individualized social assistance as well as non-governmental organizations by creating an efficient volunteer system, complementary to them;
- Optimizing the mechanism for adopting social policies in the field of social assistance;
- Assessing the efficiency of different types of measures taken in the field of social assistance.

3. COMPETENCES ACQUIRED THROUGH THE STUDY PROGRAM

The training process of future specialists is designed to achieve the following professional and transversal competencies.

Professional

C1. Identification, information collection, documentation, evaluation and recording of information, analysis, assessment and specific interventions to reduce social risks at individual, family, group, community and societal levels;

- C2. Development, implementation and evaluation of social and socio-medical assistance projects, programs and policies for different vulnerable categories;
- C3. Development of prevention services and activities as well as support provided to the beneficiary of the medical and social assistance system;
- C4. Consultancy in accessing community resources for excluded individuals and social groups or those at risk of social exclusion;
- C5. Counselling and other specialized intervention methods provided in the family or institutional environment (hospitals, schools, specialized social assistance institutions) in compliance with the values and principles specific to medical and social assistance;
- C6. Communication and professional relationship with beneficiaries and other social actors involved.

Transversal

- CT1. Objective and argumentative approach, both theoretically and practically, to problem situations in order to effectively solve them while respecting the values and principles specific to social assistance;
- CT2. Application of efficient transdisciplinary teamwork techniques on various hierarchical levels at intra- and inter-organizational levels;
- CT3. Objective self-assessment of the need for professional training and identification of resources and ways of personal and professional development for the purpose of insertion and adaptation to the requirements of the labor market.

4. OUTCOMES

Graduates of the bachelor's degree program will access the following possible occupations according to the Romanian Classification of Occupations – ISCO -08.

Major Group 2 Specialists in various fields of activity:

- Social Worker 263501
- Addiction Counselor 263502
- Supported Employment Specialist 263507

5. CURRICULUM ANALYSIS

- In the Curriculum for the Bachelor's degree program "Social Assistance", the weights of the disciplines, by category, are as follows:

No.	Types	Hours / study schedule		
		Number	Share %	
			Study program	Normative ARACIS
1	Fundamental	448	22,24 %	15-25%
2	Domain	350	63,88%	60-75%
3	Specialized	938		
4	Complementary	280	13,88 %	10-15%
TOTAL		2016	100%	-

- **The total number of hours for the Social Work study program is:**

Number of mandatory teaching hours: 2016 hours

Number of practical hours: 224 hours

Number of practical hours for the development of the bachelor's thesis: 56 hours

Total 280 practical hours

- The structure of compulsory (imposed) and optional subjects is as follows:

Types of discipline	Hours/ study program	
	Number	Share%
Mandatory	1456	72,22%
Optional	560	27,77%
TOTAL M+O	2016	Mandatory (70-80%) Optional (20-30%)

- The number of hours of practice and practice for the elaboration of the bachelor's thesis is 224 hours + 56 hours = 280 hours representing 13.88% (the minimum value recommended by ARACIS is 10%).
- The ratio between lectures and applications (seminars, laboratories, projects, internships) is 59 hours of course/85 hours of applications, i.e. 0.7 lectures per hour of applications or 1.44 applications per hour of lecture
- The share of optional subjects in the total number of hours is 224, i.e. 11.11%
- The bachelor's degree program in Social Work and the field fall within the national qualifications provided for in GD 1175/2006.
- The nomenclature of subjects included in the curriculum, as well as the content of these subjects, corresponds to the Social Work degree field and the "Social Work" degree study program (GD 1175/2006, GD 676/2007).
- The curriculum for the Social Work degree study program - full-time, is drawn up in accordance with the European Credit Transfer System (ECTS) and in accordance with Law 288/2004, art. 4, para. 9, which provides for a duration of studies of 3 years, a total number of 180 credits and 60 credits per year.

6. STRUCTURE OF THE ACADEMIC YEAR (IN WEEKS)

Year	Educational Activities		Exam session			Internship	Holidays		
	Sem. I	Sem. II	Winter	Summer	Retake		Winter	Spring	Summer
Year I	14	14	3	3	5	-	2	1	10
Year II	14	14	3	3	5	-	2	1	10
Year III	14	14	3	2	4	-	2	1	-

The internship is organized based on programs developed in the Departments and approved by the Faculty Council. The internship is carried out in specialized organizations, based on internship conventions.

7. NUMBER OF HOURS PER WEEK IN MANDATORY AND OPTIONAL SUBJECTS

Year	Semester	Semester II	
I	24	24	28 weeks of practice*4h
II	24	24	28 weeks of practice*8h
III	24	24	28 weeks of practice*8h

8. CONDITIONS FOR ENROLLMENT IN THE NEXT STUDY YEAR. CONDITIONS FOR PROMOTING A YEAR OF STUDY. CONDITIONS FOR RETURN

The conditions for enrollment in the next academic year, the conditions for promotion and those for return are included in the Regulation on the professional activity of students.

In order to move to the next academic year, students must obtain a minimum number of credits, as follows:

a) To move from the first year of studies to the second year, the student must obtain a minimum of 30 credits;

b) To move from the second year to the third year, the student must accumulate at the end of the second year of studies a minimum of 90 credits obtained in the first and second years in total;

c) In order to be able to register for the bachelor's degree exam, the student must obtain a minimum of 180 credits (minimum 60 credits from each academic year);

d) To be considered promoted, a student must be a full-time student, meaning that he/she must obtain all the study credits provided for in the curriculum for the respective year of study and obtain a passing grade or grade in the subjects that are not provided for credits;

Students who do not meet the minimum criteria provided for in paragraph 1 letters a-c. will be expelled at the end of the respective academic year. These students will be able to re-enroll at the beginning of the following academic year in the same academic year from which they were expelled

Students who during an academic year (2 semesters of the same academic year) do not accumulate the minimum number of credits, established by the Faculty Council necessary for the student to move from one academic year to the next, will be declared deferred and will be recorded in the enrollment register as "deferred to obtain all the credits for the respective year(s) of study". Deferral of a year of study can be granted for a maximum of 3 academic years for the entire period of study. The study of the subjects not passed is resumed, with the entire teaching activity for them being resumed.

The student who, at the end of his studies, after completing the number of semesters (years of study) provided for in the curriculum for the duration of the studies, has not fully completed his school obligations and has a maximum of five arrears in the last four semesters, may request an extension of his schooling (with a fee) by 1 - 2 semesters to make up the outstanding subjects.

9. BACHELOR'S DEGREE EXAM

The conditions for taking the bachelor's degree exam are included in the Methodology for organizing and conducting final exams.

- Communication of the bachelor's degree thesis topic: semester 4
- Period for preparing the bachelor's degree thesis project: semesters 5 and 6
- The final exam consists of: 1) Fundamental and specialized knowledge and 2) Defense of the bachelor's degree thesis

10. CREDITS RELATED TO THE STUDY PROGRAM

43 credits in fundamental subjects

- 119 credits in field and specialty subjects (compulsory and optional)
- 18 credits in complementary subjects

Total 180 credits

- 128 credits in mandatory subjects (fundamental, field and specialty, complementary)
- 52 credits in optional subjects (specialty and complementary)
- 10 additional credits for the bachelor's degree
- 4 additional credits for the promotion of the Physical Education and Sports discipline

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Faculty of Educational Sciences, Psychology and Social Work
Department: Pedagogy, Psychology and Social Work
Field: Social Work
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Curriculum Plan
Academic Year 2024–2025
First Year

Discipline code	Discipline	Type	S.I./ Sem (hours)	Number of hours per week and form of evaluation											
				Semester I 14 weeks						Semester II 14 weeks					
				C	S	L	Pr	Ev	K	C	S	L	Pr	Ev	K
	Mandatory imposed														
FIDF1O01	Introduction to Psychology	DF	58	2	1	-	-	E	4	-	-	-	-	-	-
FIDF1O02	Introduction to Sociology	DF	58	2	1	-	-	C	4	-	-	-	-	-	-
FIDD1O03	Law and Legislation in Social Work	DD	58	2	1	-	-	E	4	-	-	-	-	-	-
FIDD1O04	Basics of Social Work	DD	47	1	1	-	-	E	3	-	-	-	-	-	-
FIDD1 O05	Social Work System	DD	69	2	2	-	-	E	5	-	-	-	-	-	-
FIDC1O06	Modern Language - English	DC	22	-	2	-	-	C	2	-	-	-	-	-	-
FIDC1O07	Physical Education	DC	11	-	1	-	-	A/R	1	-	-	-	-	-	-
FIDF2O13	Introduction to Sociology	DF	69	-	-	-	-	-	-	2	2	-	-	E	5
FIDF2O14	Research Methodology in Social Sciences	DF	83	-	-	-	-	-	-	2	1	-	-	C	5
FIDD2O15	Theories and Intervention Methods in Social Work (Individual and Family)	DD	69	-	-	-	-	-	-	2	2	-	-	E	5
FIDS2O16	Internship	DS	69	-	-	-	-	-	-	-	4	-	-	C	5
FIDC2O17	Modern Language - English	DC	22	-	-	-	-	-	-	-	2	-	-	C	2
FIDC2O18	Physical Education	DC	11	-	-	-	-	-	-	-	1	-	-	A/R	1
TOTAL			646	9	9	-	-	4E 2C 1A/ R	22 +1	6	12	-	-	2E 3C 1A/ R	22 +1
	OPTIONAL MANDATORY														
	Packet 1 – choose 2 from 4														
FIDS1A08	Social assistance in the European Union	DS	58	1	2	-	-	E	4	-	-	-	-	-	-
FIDS1A09	Child protection services	DS	58	1	2	-	-	E	4	-	-	-	-	-	-
FIDS1A10	Social assistance for the elderly	DS	58	1	2	-	-	E	4	-	-	-	-	-	-
FIDC1A11	Ethics	DC	58	1	2	-	-	E	4	-	-	-	-	-	-

Packet 2 – choose 2 from 4																
FIDS2A19	Social Inclusion Policies	DS	58	-	-	-	-	-	-	1	2	-	-	E	4	
FIDS2A20	Family Social Assistance	DS	58	-	-	-	-	-	-	1	2	-	-	E	4	
FIDS2A21	Evidence-Based Social Assistance	DS	58	-	-	-	-	-	-	1	2	-	-	E	4	
FIDS2A22	Social Assistance for People with Disabilities	DS	58	-	-	-	-	-	-	1	2	-	-	E	4	
	TOTAL S1/S2 (mandatory optional)		232	2	4	-	-	K8		2	4	-	-	K8		
	TOTAL An I (mandatory Opțional)			4C+8S						4E				K16		
	TOTAL mandatory S1/S2			11	13	-	-	K30+1		8	16	-	-	K30+1		
	TOTAL MANDATORY		878	24						24						
	TOTAL MANDATORY DISCIPLINES YEAR I			19C+29S						10E+5C+2A/R					K60+2	
	ELECTIVE															
FIDC1F12	Interpersonal Communication	DC	69	2	2	-	-	E	5	-	-	-	-	-	-	
FIDC2F23	Developmental psychology	DC	69	-	-	-	-	-	-	2	2	-	-	E	5	
	TOTAL ELECTIVE S1/S2		138	2	2	-	-	K5		2	2	-	-	K5		
	TOTAL ELECTIVE YEAR I			4C+4S						2E					K10	

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Legend: C – course; S – seminar; L – practical work (laboratory); P – project; SI – individual study; Ev – evaluation form; K – credits;

For bachelor's degree PI: DF – fundamental discipline; DD – domain discipline; DS – specialty discipline; DC – complementary discipline;

For master's degree PI: DA– in-depth discipline; DT – synthesis discipline; DU – advanced knowledge discipline

Study program: Social Work

Second Year

[illegible]

FIDS4A18	Supervision in social assistance Social assistance for the unemployed. Services for the integration of vulnerable people into the labor market	DS	58	-	-	-	-	-	-	2	1	-	-	C	4
FIDS4A19	Counseling in social assistance	DS	58	-	-	-	-	-	-	2	1	-	-	C	4
FIDS4A20	Organization and management of social assistance services	DS	58	-	-	-	-	-	-	2	1	-	-	C	4
FIDS4A21	Supervision in social assistance Social assistance for the unemployed. Services for the integration of vulnerable people into the labor market	DS	58	-	-	-	-	-	-	2	1	-	-	C	4
	TOTAL S1/S2 (Optional Mandatory)		232	4	2	-	-	K8		4	2	-	-	K8	
	TOTAL An II (Optional Mandatory)			8C+4S						4C				K16	
	TOTAL MANDATORY S1/S2			10	14	-	-	K30+1		10	14	-	-	K30+1	
	TOTAL MANDATORY		878	24						24					
	TOTAL MANDATORY DISCIPLINE YEAR II			20C+28S					6E+8C+2A/R					K60+2	
	ELECTIVE														
FIDC3F11	Elements of Couple Psychotherapy	DC	47	1	1	-	-	E	3	-	-	-	-	-	-
FIDC4F22	Introduction to Entrepreneurship	DC	47	-	-	-	-	-	-	1	1	-	-	E	3
	TOTAL ELECTIVE S1/S2		94	2	2	-	-	K3		2	2	-	-	K3	
	TOTAL ELECTIVE DISCIPLINE YEAR II			2C+2S					2E					K6	

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Curriculum Plan
Academic Year 2026–2027
Third Year

Discipline code	Discipline	Type	S.I./ Sem (hours)	Number of hours per week and form of evaluation											
				Semester I 14 weeks						Semester II 14 weeks					
				C	S	L	Pr	Ev	K	C	S	L	Pr	Ev	K
	MANDATORY IMPOSED														
FIDD5O01	Social policies	DD	69	2	2	-	-	E	5	-	-	-	-	-	-
FIDF5O02	Human development	DF	69	2	2	-	-	E	5						
FIDF5O03	Diagnosis and solution of social problems	DF	69	2	2	-	-	C	5	-	-	-	-	-	-
FIDS5O04	Internship	DS	69	-	4	-	-	C	5	-	-	-	-	-	-
FIDD6O10	Professional ethics	DD	69	-	-	-	-	-	-	2	2	-	-	E	5
FIDS6O11	Social assistance in the probation system	DS	69	-	-	-	-	-	-	2	2	-	-	E	5
FIDS6O12	Domestic abuse and violence. Support services	DS	69	-	-	-	-	-	-	2	2	-	-	C	5
FIDS6O13	Practice for the development of the bachelor's thesis	DS	69	-	-	-	-	-	-	-	4	-	-	C	5
	TOTAL		552	6	10	-	-	2E 2C	20	6	10	-	-	2E 2C	20
	OPTIONAL MANDATORY														
	Packet 1 – choose 2 from 4														
FIDS5A05	Prevention and recovery in substance abusers	DS	69	2	2	-	-	C	5	-	-	-	-	-	-
FIDC5A06	Psychopathology and psychotherapy	DC	69	2	2	-	-	C	5	-	-	-	-	-	-
FIDF5A07	Public policies	DF	69	2	2	-	-	E	5	-	-	-	-	-	-
FIDS5A08	Demography and family planning	DS	69	2	2	-	-	E	5	-	-	-	-	-	-
	Packet 2 – choose 2 from 4														
FIDC6A14	Crisis Intervention	DC	69	-	-	-	-	-	-	2	2	-	-	C	5
FIDS6A15	Social Assistance for People with Chronic and Terminal Illnesses	DS	69	-	-	-	-	-	-	2	2	-	-	E	5
FIDS6A16	Management and Evaluation of Social Assistance Programs	DS	69	-	-	-	-	-	-	2	2	-	-	C	5

FIDS6A17	Social Assistance for Delinquents	DS	69	-	-	-	-	-	-	2	2	-	-	E	5		
	TOTAL S1/S2 (Opt Mandatory)		276	4	4	-	-	K10		4	4	-	-	K10			
	TOTAL An III (Opt. Mandatory)			8C+8S						1E+3C				K20			
	TOTAL MANDATORY S1/S2			10	14	-	-	K30		10	14	-	-	K30			
	TOTAL MANDATORY		828	24						24							
	TOTAL MANDATORY DISCIPLINE YEAR III			20C+28S						5E+7C						K60	
	ELECTIVE																
FIDC5F09	Entrepreneurship. Economic and Financial Aspects	DC	47	1	1	-	-	E	3	-	-	-	-	-	-		
FIDC5F18	Business Management in the Field of Social Assistance	DC	47			-	-			1	1	-	-	E	3		
	TOTAL ELECTIVE S1/S2		94	1	1	-	-	K3		1	1	-	-	K3			
	TOTAL ELECTIVE DISCIPLINE YEAR III			2C+2S						2E						K6	

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