

**CURRICULUM PLAN**  
**CLASS OF 2024–2026**  
**Aurel Vlaicu University of Arad**

Faculty of Educational Sciences, Psychology and Social Work  
Department of Pedagogy, Psychology and Social Work  
Study Program: **PSYCHOLOGICAL COUNSELING AND ASSESSMENT**  
Fundamental Field: Psychology  
Master's Field: Psychology  
Program Duration / Number of Credits: 2 years / 120 credits  
Form of Education: Full-time  
Graduate Title: Master's Degree

### **1.PROGRAM MISSION**

The master's degree program is designed for individuals seeking specialization in clinical psychology and psychological counseling, in accordance with the provisions of Law No. 213 and the regulations of the Clinical Psychology and Psychotherapy Commission of the Romanian College of Psychologists. Theoretical and practical activities are an integral part of the professional training program in psychological counseling and assessment, aimed at developing the necessary competencies in these fields. This is in line with the requirements of the Romanian College of Psychologists and the regulations set forth by the Ministry of Education regarding specialists in the field of psychology.

### **2. OBJECTIVES OF THE STUDY PROGRAM / SPECIALIZATION: PSYCHOLOGICAL COUNSELING AND ASSESSMENT**

The training of future graduates is designed to achieve the following objectives:

1. Acquisition and deepening of knowledge in the fields of clinical psychology and educational psychology;
2. Development of skills in psychological assessment and counseling, in accordance with the professional standards specific to the following professional levels: autonomous practitioner psychologist in clinical psychology, and autonomous practitioner psychologist in educational psychology;
3. Facilitation of self-awareness and personal development to ensure a professional career aligned with the standards of the psychologist profession;
4. Ensuring the transfer of knowledge from theory to practice by applying specialized knowledge and skills in various clinical and educational contexts during supervised practice;
5. Acquisition of specific deontological principles essential to the exercise of the profession.

### **3. COMPETENCIES ACQUIRED THROUGH THE STUDY PROGRAM**

#### **Professional:**

P.C.1. In-depth knowledge of current theoretical perspectives in clinical psychology and psychological counseling;

P.C.2. Investigation and assessment of psychological disorders of a clinical or subclinical nature, with the aim of establishing a psychodiagnosis;

P.C.3. Design and implementation of psychological interventions in the fields of clinical and educational psychology;

P.C.4. Design and execution of research activities in clinical psychology and psychological counseling.

#### **Transversal:**

Types of subjects	Hours / study program	
	Numbers	Share %
Mandatory	658	83 %
Optional	126	17%
TOTAL M+O	784	100%

- The total number of practical hours, including the hours dedicated to the preparation of the dissertation project (28 hours), amounts to 196 hours.
- The ratio between lectures and applied activities (**seminars, laboratories, projects, internships**) is 1/1.33 (**448 hours of applied activities / 336 hours of lectures**), complying with ARACIS regulations (between 1.2 and 1.5).
- The master's degree program in Psychological Counseling and Assessment falls within the national qualifications framework stipulated in Government Decision (GD) No. 413/2024.
- The list of subjects included in the curriculum, as well as their content, corresponds to the master's field of Psychology and the study program in Psychological Counseling and Assessment (GD No. 413/2024 — Decision on the approval of fields and accredited master's degree programs and the maximum number of students to be enrolled in the 2024–2025 academic year, published in the Official Gazette of Romania, Part I, No. 397 bis).
- The curriculum for the master's degree program in Psychological Counseling and Assessment — full-time studies — is aligned with the European Credit Transfer and Accumulation System (ECTS) and complies with Law No. 199/2023, Article 57, which stipulates a study duration of 2 years, a total of 120 credits, and 60 credits per academic year.

## 6. STRUCTURE OF THE ACADEMIC YEAR (IN WEEKS)

. Year	Teaching Activities		Exam sessions			Internship		Holidays		
	Sem. I	Sem. II	Winter	Summer	Resit	Sem I	Sem II	Winter	Spring	Summer
1 <sup>st</sup> year	14	14	3	3	5	-	-	3	-	10
2 <sup>nd</sup> year	14	14	3	2	4	-	-	3	-	-

Managerial practice and internship are carried out in educational institutions based on a framework agreement concluded with institutions that provide psychological services.

## 7. NUMBER OF HOURS PER WEEK FOR MANDATORY AND OPTIONAL SUBJECTS

Year	Semester I	Semester II	-
I	14	14	-
II	14	14	Tutoring for dissertation preparation: 2 hours/week

## 8. ELIGIBILITY CRITERIA FOR ENROLLMENT IN THE FOLLOWING ACADEMIC YEAR. REQUIREMENTS FOR ACADEMIC PROGRESSION. CONDITIONS FOR REINSTATEMENT.

The conditions for enrollment in the following academic year, advancement, and reinstatement are stipulated in the ECTS Regulations and in the Procedure for Organizing Educational Activities and Student Assessment.

To advance to the next year of study, students must obtain a minimum number of credits as follows:

- To advance from the first to the second year of study, students must earn at least 30 credits;
- To be eligible to take the dissertation examination, students must earn at least 120 credits (minimum 60 credits for each year of study);

c) To be considered as having passed the academic year, students must have completed all study requirements ("integralist status"), which means earning all the credits specified in the curriculum for that academic year and obtaining a passing grade in subjects that do not carry credits.

Students who do not meet the minimum requirements listed under points a–c above will be expelled at the end of the respective academic year. These students may be reinstated at the beginning of the following academic year, in the same year of study from which they were expelled.

Students who, during an academic year (two semesters of the same year of study), do not accumulate the minimum number of credits required to advance to the next year, as stipulated in the ECTS Regulations, will be classified as deferred and this will be recorded in the student registry as "deferred for completion of all credits for the respective year(s) of study." Deferral of a year of study may be granted for a maximum of three academic years throughout the entire study period. In such cases, the student is required to repeat all academic activities for the failed subjects.

Students who, at the end of their studies (after completing the number of semesters/years specified in the curriculum), have not fulfilled all academic requirements and have a maximum of five outstanding exams from the last four semesters, may request an extension of studies (subject to tuition fees) for 1–2 semesters in order to retake the failed subjects.

## **9. THE DISSERTATION EXAMINATION**

The conditions for taking the dissertation examination are set forth in the Methodology for Organizing and Conducting Final Examinations.

- Dissertation topic submission period: May–June
- Dissertation preparation period: October–May
- Dissertation examination period: July 2026

The master's degree final examination consists of the defense of the dissertation.

Completion of the master's program requires students to prepare a dissertation under the scientific supervision of specialized academic staff. The public defense of the dissertation will take place before a specialized committee.

## **10. CREDITS ALLOCATED TO THE STUDY PROGRAM**

- 40 credits for advanced specialization subjects
- 46 credits for synthesis subjects
- 34 credits for advanced knowledge subjects

**Total: 120 credits**

- **97 credits** for mandatory subjects
- **23 credits** for optional subjects
- **10 additional credits** for the dissertation examination

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**CURRICULUM PLAN**  
**Academic Year 2024-2025**  
**FIRST YEAR**

Code	Subjects	Type	S.I./ Sem hours	Number of weekly hours and evaluation method											
				1 <sup>st</sup> Semester 14 weeks						2 <sup>nd</sup> Semester 14 weeks					
				C	S	L	Pr	Ev	K	C	S	L	Pr	Ev	K
	<b>MANDATORY</b>														
FmKT1O01	Paradigms in Psychological Counseling	DT	108	2	1	-	-	E	6	-	-	-	-	-	-
FmKA1O02	Neuropsychological evaluation in children	DA	108	2	1	-	-	E	6	-	-	-	-	-	-
FmKA1O03	Neuropsychological assessment in adolescents and adults	DA	108	2	1	-	-	E	6	-	-	-	-	-	-
FmKT1O04	Ethics and Academic Integrity	DT	61	1	-	-	-	E	3	-	-	-	-	-	-
FmKT1O05	Specialty Practice	DA	72	-	2	-	-	C	4	-	-	-	-	-	-
FmKT2O09	Methodology and Research Standards in Counseling	DT	108	-	-	-	-	-	-	1	2	-	-	E	6
FmKT2O10	Educational Counseling - Theoretical and practical Models	DT	122	-	-	-	-	-	-	1	1	-	-	E	5
FmKT2O11	Current Theories and Practices in Psychodiagnoza	DT	119	-	-	-	-	-	-	2	1	-	-	E	6
FmKT2O12	Ethic and Deontology in Counseling	DT	86	-	-	-	-	-	-	1	-	-	-	E	4
FmKA2O13	Specialty Practice	DA	58	-	-	-	-	-	-	-	3	-	-	C	4
	<b>TOTAL</b>		<b>914</b>	<b>7</b>	<b>5</b>	<b>-</b>	<b>-</b>	<b>4E 1C</b>	<b>25</b>	<b>5</b>	<b>7</b>	<b>-</b>	<b>-</b>	<b>4E 1C</b>	<b>25</b>
	<b>OPTIONAL (MANDATORY)</b>														
<b>Offer 1 – choose 1 out of 2</b>															
FmKA1A06	Communication and Group Management	DA	97	1	1	-	-	C	5	-	-	-	-	-	-
FmKA1A07	Theories in Personality Structure	DA	97	1	1	-	-	C	5	-	-	-	-	-	-
<b>Offer 2 – choose 1 out of 2</b>															
FmKA2A14	Theories of Learning - Applications in Educational Counseling	DA	97	-	-	-	-	-	-	1	1	-	-	C	5
FmKA2A15	Psychodiagnosis of personality disorders	DA	97	-	-	-	-	-	-	1	1	-	-	C	5
	<b>TOTAL</b>		<b>194</b>	<b>1</b>	<b>1</b>	<b>-</b>	<b>-</b>	<b>1C</b>	<b>5</b>	<b>1</b>	<b>1</b>	<b>-</b>	<b>-</b>	<b>1C</b>	<b>5</b>
	<b>TOTAL MANDATORY</b>		<b>1108</b>	<b>8</b>	<b>6</b>	<b>-</b>	<b>-</b>	<b>4E 2C</b>	<b>30</b>	<b>6</b>	<b>8</b>	<b>-</b>	<b>-</b>	<b>4E 2C</b>	<b>30</b>

**RECTOR**

**DEAN**

**DEPARTMENT DIRECTOR**

Conf.univ.dr. Teodor Florin Cilan

Prof.univ.dr. Alina-Felicia Roman

Conf.univ. dr. Alina Costin

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**CURRICULUM PLAN**  
**Academic Year 2025-2026**  
**SECOND YEAR**

Code	Subjects	Type	S.I./ Sem (hours)	Number of weekly hours and evaluation method											
				1 <sup>st</sup> Semester 14 weeks						2 <sup>nd</sup> Semester 14 weeks					
				C	S	L	Pr	Ev	K	C	S	L	Pr	Ev	K
	<b>MANDATORY</b>														
FmKT3O01	Statistics Applied in Psychological Evaluation and Counseling	DT	108	1	2	-	-	E	7	-	-	-	-	-	-
FmKA3O02	The Specifics of Counseling in Children with ESC	DA	108	2	1	-	-	E	7	-	-	-	-	-	-
FmKA3O03	Clinical Counseling	DA	122	1	1	-	-	E	5	-	-	-	-	-	-
FmKA3O04	Internship in Specialized Institutions	DA	94	-	4	-	-	C	5	-	-	-	-	-	-
FmKA4O08	Psychological Intervention in Psychotrauma and Crisis Situations	DA	133	-	-	-	-	-	-	2	1	-	-	E	7
FmKA4O09	Vocational and Career Counseling	DA	144	-	-	-	-	-	-	2	1	-	-	E	7
FmKA4O10	Internship in Specialized Institutions	DA	144	-	-	-	-	-	-	3	-	-	-	C	5
FmKA4O11	Practice for the elaboration of dissertation papers	DA	72	-	-	-	-	-	-	2	-	-	-	C	4
	<b>TOTAL</b>		853	4	8		4	3E 1C	24	4	7	-	-	2E 2C	23
	<b>OPTIONAL (MANDATORY)</b>														
	<b>Offer 1 –choose 1 out of 2</b>														
FmKA3A05	Theoretical and Applicative Approaches to Family Counseling	DA	122	1	1	-	-	C	6	-	-	-	-	-	-
FmKA3A06	Implications of the Attachment theory in counseling	DA	122	1	1	-	-	C	6	-	-	-	-	-	-
	<b>Offer 2 –choose 1 out of 2</b>														
FmKA4A12	Stress Management and Coping Strategies	DA	133	-	-	-	-	-	-	1	2	-	-	C	7
FmKA4A13	Techniques to Stimulate Creativity	DA	133	-	-	-	-	-	-	1	2	-	-	C	7
	<b>TOTAL</b>		255	1	1	-	-	1C	6	1	2	-	-	1C	7
	<b>TOTAL MANDATORY</b>		1108	5	9	-	-	3E 2C	30	5	9	-	-	2E 3C	30

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