

PERSONAL INFORMATION


SZABO MONICA

 Arad, România

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Date of birth December/02/1965 | **Nationality** Romanian

WORK EXPERIENCE

February 2003 - prezent

Associate Professor

„Aurel Vlaicu” University of Arad

Faculty of Engineering

Automation, Industrial Engineering, Textiles and Transport
Department

- Courses and applications in specialized disciplines (knitwear-textile garments)
- Scientific research activities in the textile field

Type of business or sector - Education and research

February 1997 – January 2003

Lecturer

„Aurel Vlaicu” University of Arad, 77 Revolutiei Blvd, 77, 310030, Arad,
www.uav.ro

- Courses and applications for the following undergraduate study programmes: Economic Industrial Engineering, Textile Products Design and Technology Knitwear and Clothing Technology
- Preparation of learning materials, guidance for students` practical activities
- Research in textile industry

Type of business or sector - Education and research

October 1993 – January 1997

Assistant

„Aurel Vlaicu” University of Arad, 77 Revolutiei Blvd, 77, 310030, Arad,
www.uav.ro

- Hours of applications to specialized disciplines (knitting – textile clothing)

- Research activities in the textile field

Type of business or sector - Education and research

February 1992 – September 1993

Head of textile clothing workshop
S.C. Gama S.R.L. Arad

Organization and management of the activity in the knitting workshop for export (Italy and Germany)

Realization of the zero series for knitted items

Type of business or sector - Production activity

April 1990 – January 1992

Trainee engineer – position occupied by government assignment
S.C. Tricoul Rosu S.A. Arad

Elaboration of technical documentation for knitted structures on rectilinear and circular knitting machines

Making samples for knitwear (knitting and knitting finishing part)

Type of business or sector - Production activity/ Design

EDUCATION AND TRAINING

04.2018 – 05.2018

Supplier Evaluator and Training Programs

Key competences, general and specific to supplier assessment and training programmes

Humanitas Youth Association, Botoşani

October 2014 – May 2015

Nutrition technician, 1080 hours, CN Code 5122.3.2.

Fitness Nutrition Diet Specialist, 180 hours, COR Code 5122.3.2

Preparation of menus. Nutrition of adults, children, the elderly, nutrition in communities, nutrition during pregnancy and pathologies

MASTERCLASS Bucharest International Association

October 2009 – September 2013

Bachelor of Science in General Nursing

Licensed General Nurse

"Vasile Goldiş" Western University of Arad

Faculty of Medicine, Pharmacy and Dental Medicine

2012

Certificate of attestation of professional competences

Didactic in technical higher education

"POLITEHNICA" University of Bucharest

June 1997 – November 2001

PhD in Engineering

"Gheorghe Asachi" Technical University of Iași

Industrial Engineering

1985 – 1990

Engineer

"Gh. Asachi" Technical University of Iasi

Engineer in the Knitwear and Clothing Technology Specialization

Knitting and Clothing Technology/ Textile Engineering Skills

1980 - 1984

Baccalaureate diploma

Mathematics - Physics

"Ioan Slavici" High School Arad

PERSONAL SKILLS

Mother tongue Romanian

Other languages

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B2	B2	B2	B2	B2
French	A1	A1	A1	A1	A1
Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user Common European Framework of Reference for Languages					

Communication skills

Good communication skills (acquired through personal training and through design, production managerial and didactic activity)

Ability to work in a team (acquired through activities with students and in research teams)

Good ability to adapt to multicultural environments (acquired during research internships abroad)

Social skills

Effective communication, active listening, clear expression, empathy

Good collaboration capacity, flexibility
Managing emotions

Motivating and influencing positive thinking

Organizational skills/management skills

Constructive feedback
Good organizational capacity (acquired in design, production management, teaching and research)
Good analytical and synthesis skills (acquired in teaching and research)

Technical competences and skills

Efficiency, proven in all workplaces
Leadership (head of a clothing department with 80 employees immediately after graduation)

Competence in the design of knitted structures and the development of technologies for the manufacture of garments (acquired through studies and through work at the product design workshop and as head of the clothing department)

Development of technologies for the manufacture of clothing, technical and medical articles from knitwear and fabrics

Elaboration of technical documentation for knitted structures and for textile confections

Sympatex trainer – diploma issued by Sympatex GmbH Köln Germany, 2000

Applied Statistics in Textiles – Department of Textiles, University of Ghent, Belgium, 2005

Smart Textiles – Department of Textiles, University of Ghent, Belgium, 2006

Computer skills

A good knowledge of Microsoft Office tools (Word, Excel, Power Point)

Hobby

Human nutrition as a lifestyle and therapeutic method

ADDITIONAL INFORMATION

5 books published in publishing houses with ISBN, alone or in collaboration;

Over 50 scientific papers published in the volumes of national and international scientific events (congresses, conferences, symposia);

14 scientific research projects, of which 3 are responsible for the project

09/23/2024