

Curriculum vitae



Personal information

Name / Surname HERLO JULIEN NARCIS

Street Address Arad

phone 0257/211044

E-mail (s) narcis.herlo@uav.ro

nationality roumanian

date of birth 15.11.1977

gender male

Professional experience

Shelf 2000 – 2001

Occupation or position held Tutor

Main activities and responsibilities Teaching activities

Name and address of employer West University "Vasile Goldis" Arad, Bd. Revolution nr.94-96, 310025 Arad, Romania

Type of business or sector Physical education and sport

Shelf 2002 – 2009

Occupation or position held Instructor

Main activities and responsibilities Teaching activities

Name and address of employer West University "Vasile Goldis" Arad, Bd. Revolution nr.94-96, 310025 Arad, Romania

Type of business or sector Physical education and sport

Shelf 2010 – 2012

Occupation or position held Lecturer Ph.D. candidate

Main activities and responsibilities Teaching activities

Name and address of employer West University "Vasile Goldis" Arad, Bd. Revolution nr.94-96, 310025 Arad, Romania

Type of business or sector Physical education and sport

Shelf 2012 - present

Occupation or position held Lecturer Ph.D.

Main activities and responsibilities Teaching activities

Name and address of employer West University "Vasile Goldis" Arad, Bd. Revolution nr.94-96, 310025 Arad, Romania

Type of business or sector Physical education and sport

Grade teaching / professional

Shelf 2012 - present

Degree obtained Lecturer Ph.D.

The institution West University "Vasile Goldis" Arad - Faculty of Education, Psychology, Physical Education and Sport

Area Physical education and sport

Shelf 2010 - 2012

Degree obtained Lecturer Ph.D.

The institution West University "Vasile Goldis" Arad - Faculty of Education, Psychology, Physical Education and Sport

Area	Physical education and sport
Shelf	2002-2009
Degree obtained	Instructor
The institution	West University "Vasile Goldis" Arad - Faculty of Education, Psychology, Physical Education and Sport
Area	Physical education and sport
Shelf	2000 - 2001
Degree obtained	Tutor
The institution	West University "Vasile Goldis" Arad - Faculty of Physical Education and Sport
Area	Physical education and sport
Shelf	2000
Degree obtained	Graduate of Physical Education and Sports
The institution	Babes - Bolyai University, Faculty of Physical Education and Sport, Cluj - Napoca
Area	Specialization bodybuilding
Teaching	
Shelf	2012 - present
Degree obtained	Lecturer Ph.D.
The institution	West University "Vasile Goldis" Arad - Faculty of Education, Psychology, Physical Education and Sport
Area	Physical education and sport
Shelf	2010 - 2012
Degree obtained	Lecturer Ph.D.
The institution	West University "Vasile Goldis" Arad - Faculty of Education, Psychology, Physical Education and Sport
Area	Physical education and sport
Shelf	2002-2009
Degree obtained	Instructor
The institution	West University "Vasile Goldis" Arad - Faculty of Education, Psychology, Physical Education and Sport
Area	Physical education and sport
Shelf	2000 - 2001
Degree obtained	Tutor
The institution	West University "Vasile Goldis" Arad - Faculty of Physical Education and Sport
Area	Physical education and sport
Education and training	
Shelf	2009 - 2012
Qualification / awarded	Doctor of Physical Education and Sport
Principal subjects / occupational skills	Thesis: "Computerization bodybuilding, fitness rooms with EFIT application"
Name and type of education / training provider	University of Pitesti, Pitesti, higher education
Shelf	2000 - 2002
Qualification / awarded	Master în Educație Fizică și Kinesiologie
Principal subjects / occupational skills	The theme of the dissertation: "The Fitness - motion synthesis capacity and the influences on the body"

Name and type of education / training provider	Babes - Bolyai University, Faculty of Physical Education and Sport, Cluj – Napoca, higher Education									
Shelf	1996-2000									
Qualification / awarded	Graduate of Physical Education and Sports									
Principal subjects / occupational skills	Dissertation topic: "Improving performance indices needed to test " Physical Education and Sports " at the baccalaureate to twelfth graders from High School " Elena Ghiba Birta " by specific means of bodybuilding."									
Name and type of education / training provider	West University "Vasile Goldis" Arad - Faculty of Physical Education and Sport									
Shelf	1992-1996									
Qualification / awarded	Graduate school									
Principal subjects / occupational skills	Accounting and Statistics for agriculture									
Name and type of education / training provider	Agricultural school group "Minis"									
Personal skills and competences	Personal skills and competences									
Native language	Romanian									
Other language (s)	English									
Self Assessment	Understanding				Speaking				Writing	
	Understanding		Speaking		Conversation		Spoken		Written expression	
English	B 2	independent	C 1	experienced	B 1	independent	B 1	independent	B 2	independent
Social skills and competences	Team spirit, communication skills									
Organisational skills and competences	Educational management									
Skills and Computer	Office Suite, Photoshop, web administration, web-design, internet									
License (s) Driving	Category B									
Additional Information	<p>Publications: 4 books and book chapters 20 papers in journals or works of national or international conferences</p> <p>Member of the scientific committee of international conferences organized in Romania or other professional associations: 1. Membership in the organization of events in the "Arad Academic Days" Western University "Vasile Goldis", Faculty of Physical Education and Sport, Arad, 2002-2014; 2. Member of the organizing committee VGWU Cup, West University "Vasile Goldis", Faculty of Physical Education and Sport, 2007-2014;</p> <p>Member of the governing bodies of journals indexed in ISI or BDI 1. Member of the editorial board of the magazine "Studia Universitatis" Vasile Goldis "series Physical Education and Kinesiology, ISSN 2284-7324, ISSN 2284-7324 L; 2012 - 2014</p> <p>Awards granted to scientific Prize awarded research project „Computerization bodybuilding, fitness rooms with EFIT application”, in scientific „ Young doctoral students Olympiad, 2011, by the European College of Sport Science and University of Pitesti, Human Performance Research Center.</p>									

	<p>Contributions to promote the image and the professional expertise of the institution in the media and other institutions and organizations. (Organization of scientific, educational fairs, exhibitions, participation in debates in the media etc.) Organizer Education Fair 2013 - Faculty of Education, Psychology, Physical Education and Sport Western University "Vasile Goldis" in Arad.</p> <p>Member of the editorial staff of the journal Member of the editorial board of the journal "Hard Body", 2003-2004</p> <p>Participation in international conferences as a moderator Moderator of the section "Educational sciences, physical education, sports ans" within - The Academic Days of Arad - the XXIV th Edition, 2014 Arad</p> <p>Coach bodybuilding Fitness trainer bodybuilding Fitness School Arsnova Assessor Bacalaureate Physical Education and Sport - June-July 2005 session Member committee drafting topics Grade II - July 2014 - Physical Education and Sport Member of the Curriculum Committee, Faculty of Education, Psychology, Physical Education and Sport Western University "Vasile Goldis" in Arad, 2013-2015</p>
Annexes	List of publications